

Where to turn for



# 2025-2026 HELP GUIDE



Prepared by United Way of Northern Cameron County

This guide is a collection of resources in Cameron and Willacy counties. If you know of a resource that is not listed or a change in listed information, please call us at (956) 423-5954 for inclusion in our next update.

Listing in this guide is not an endorsement by United Way.

Download additional copies of this guide at

[unitedwayncwc.org](https://www.unitedwayncwc.org)

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# FOOD & BASIC NEEDS - section one

## 2-1-1

2-1-1 is a free and confidential service that provides access to local community services. People can call 2-1-1 to get information and referrals for a variety of services, including:

- Housing
- Utility assistance
- Food assistance
- Employment assistance
- Mental health resources
- Crisis interventions
- Childcare
- Substance abuse treatment
- Veterans services

**Phone #:** call 211 or (877) 541-7905

**Website:** <https://www.211.org>

## Amigos del Valle, Inc

The Mission of Amigos Del Valle, Inc. is to positively impact the quality of life in the Rio Grande Valley of South Texas through the provision of diversified and effective human services, community development activities and advocacy, which are directed to low income families; and with special emphasis in assisting the elder population to maintain active, healthy and independent lives.

**Address:** 212 W. 18th St.

**City:** Mission

**Phone #:** (956) 213-9400

**Website:** <https://www.advrgv.org>

## Cameron And Willacy Counties Community Projects, Inc.

Helps with utilities (light, gas, and propane), retro-fitting of cooling and heating devices, assists communities and farm workers, assists with house weatherization (energy efficient), case management, income tax forms, budgeting (cleaning up credit) and Job Readiness. Satellite office at Loaves & Fishes in Harlingen.

**Address:** 514 SE Street

**City:** Harlingen

**Phone #:** (956) 428-9476

**Website:**

<https://communityactionpartnership.com/stores/cameron-willacy-counties-community-projects-inc/>

## Catholic Charities

Catholic Charities of the Rio Grande Valley is the charitable branch of the Diocese of Brownsville. Catholic Charities of the Rio Grande Valley has projects that provide assistance to the poor and most vulnerable populations in our community. It is part of the larger family of Catholic Charities USA and Caritas Internacionalis.

**Address:** 955 West Price Road

**City:** Brownsville

**Phone #:** (956) 541-0220

**Website:** <https://catholiccharitiesrgv.org/>

## Community Action Corporation of South Texas

Our mission is to continuously improve the lives of South Texans by providing high quality health care, education, housing and economic opportunities to reduce poverty through services and partnerships.

**Address:** 204 E First St.

**City:** Alice

**Phone #:** (361) 664-0145

**Website:** <https://cacost.org/>

## Faith Pleases God Food Pantry

Gladly Serving residents since 2008, We take joy in being able to provide groceries to all of our wonderful clients. Food Pantry dates are the first 4 Fridays of the month for residents of Harlingen, San Benito, La Feria, and Santa Rosa from 2pm - 3pm.

Requirements: We kindly ask that each family picking up food provide a photo ID and current bill with a matching address.

Volunteer: Every helping hand is appreciated as we continue to bless our communities with food and most importantly salvation and prayer. Whether you're a group or individual there are many opportunities to volunteer.

**Address:** 4501 W Expressway 83

**City:** Harlingen

**Phone #:** (956) 412-5600

**Website:**

<https://fpgchurch.com/ministries/fpg-food-pantry>

## Food Bank RGV

The Food Bank of the Rio Grande Valley is passionately committed to improving lives through food assistance, nutrition education, and access to community services.

**Address:** 724 N. Cage Blvd.

**City:** Pharr

**Phone #:** (956) 682-8101

**Website:** <https://foodbankrgv.com>

## Good Neighbor Settlement House

Good Neighbor Settlement House is a nonprofit, multi-service agency dedicated to assisting the needy men, women, and children of Brownsville, TX through programs that provide nutritious meals, clothing, showers, and support services. At GNSH, we serve our community through a variety of ways:

**Address:** 1254 E. Tyler St.

**City:** Brownsville

**Phone #:** (956) 542-2368

**Website:** <https://www.goodneighborsettlement.org>

## Harlingen Neighborhood Food Pantry

*\* A United Way NCC Funded Agency*

Our Mission is to provide food, clothing, and housewares for those with low income and provide baby supplies to mothers.

**Address:** 801 East Harrison

**City:** Harlingen

**Phone #:** (956) 428-3972

**Website:** <https://harlingenneighborhoodfoodpantry.org>

## Healthy Kids and Teens of South Texas, Inc.

This Hidalgo-based nonprofit provides free meals and suppers to at-risk youth (ages 5–18) after school and during the summer. They distribute meals at multiple locations.

**Phone #:** (956) 578-4937

## Limitless Church Food Pantry

Limitless Food Pantry distributes groceries Wednesdays from 12-2pm (times are subject to change). There are no restrictions and the only requirement is that you have a need.

**Address:** 1021 E. Madison Ave

**City:** Harlingen

**Phone #:** (956) 202-2662

**Website:** <https://www.limitlesschurch.us/>

## Loaves & Fishes RGV

*\* A United Way NCC Funded Agency*

Loaves and Fishes' primary mission is to function as the "mission arm" of the member congregations in the Upper Cameron and Willacy County areas. Loaves and Fishes of the RGV Valley, Inc., offers food, shelter, job training and placement and provides monetary and non-monetary aid to those experiencing a life altering event that takes away their ability to afford the necessities of life.

**Address:** 514 SE Street

776 Kimball Avenue

**City:** Harlingen

Raymondville

**Phone #:** (956) 423-1014

(956) 699-2170

**Website:** <https://lfrgv.org>

## Proyecto Juan Diego

Dedicated to serving the Lower Rio Grande Valley, Proyecto Juan Diego (PJD) offers low-income families support, guidance, and education in the areas of health, family, education, immigration, and civic engagement.

**Address:** 3910 Paredes Line Rd.

**City:** Brownsville

**Phone #:** (956) 542-2488

**Website:** <https://www.proyecto-jd.org>

## San Benito Food Pantry

Providing food for under income residents of San Benito, Texas. Serving 450 families each week. Clothing and household goods available.

**Address:** 195 W. Adele St.

**City:** San Benito

**Phone:** (956) 572-0003

**Email:** [sbfp956@yahoo.com](mailto:sbfp956@yahoo.com)

## Salvation Army Harlingen Corps

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

**Address:** 201E Monroe

**City:** Harlingen

**Phone #:** (956) 423-2454

**Website:**

<https://southernusa.salvationarmy.org/harlingen>

## TSTC Food Pantry

Texas State Technical College is committed to ensuring that students have everything they need to make the most of their education, including food. One of the ways this is done is via the TSTC Food Pantry, which provides students with meal assistance should they ever need it.

**Address:** 1902 N. Loop 499

**City:** Harlingen

# EMERGENCY ASSISTANCE- section two

## 2-1-1

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- Utility assistance
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- Childcare
- Substance abuse treatment
- Veterans services

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**Website:** <https://www.211.org>

## American Red Cross

The American Red Cross of South Texas serves seven counties: Jim Hogg, Brooks, Kennedy, Willacy, Cameron, Hidalgo and Starr County. Under the leadership of our board, we continue the proud tradition of helping Valley residents prevent, prepare for and respond to emergencies.

**Address:** 6914 West Expressway 83

**City:** Harlingen

**Phone #:** (956) 423-0523

**Website:** <https://www.redcross.org/local/texas/gulf-coast>

## Cameron And Willacy Counties Community Projects, Inc.

Helps with utilities (light, gas, and propane), retro-fitting of cooling and heating devices, assists communities and farm workers, assists with house weatherization (energy efficient), case management, income tax forms, budgeting (cleaning up credit) and Job Readiness. Satellite office at Loaves & Fishes in Harlingen.

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**City:** Harlingen

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**City:** Brownsville

**Phone #:** (956) 541-0220

**Website:** <https://catholiccharitiesrgv.org/>

## Community Action Corporation of South Texas

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**Address:** 204 E First St.

**City:** Alice

**Phone #:** (361) 664-0145

**Website:** <https://cacost.org/>

## Family Crisis Center

*\* A United Way NCC Funded Agency*

Family Crisis Center is a domestic violence and rape crisis center that provides free and confidential services to victims and their families. The center offers a 24-hour hotline, emergency shelter, intervention and prevention services.

**Address:** 616 W Taylor Street

**City:** Harlingen

**Phone #:** (956) 423-9304

**Website:** <https://familycrisisctr.org>

## Friendship of Women

Our mission is to provide leadership and comprehensive services to empower and promote safety, health, and the overall well-being of adults and children impacted by family and sexual violence. We seek social change through advocacy, education, prevention, and provide a safe home for victims and their families.

**Address:** 95 E. Price Rd.

**City:** Brownsville

**Phone #:** (956) 544-7412

**Website:** <http://www.fowinc.com>

## Good Neighbor Settlement House

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**Address:** 514 SE Street                      776 Kimball Avenue

**City:** Harlingen                                      Raymondville

**Phone #:** (956) 423-1014                      (956) 699-2170

**Website:** <https://lfrgv.org>

## Proyecto Juan Diego

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**City:** Brownsville

**Phone #:** (956) 542-2488

**Website:** <https://www.proyecto-jd.org>

## Salvation Army Harlingen Corps

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

**Address:** 201E Monroe

**City:** Harlingen

**Phone #:** (956) 423-2454

**Website:**

<https://southernusa.salvationarmy.org/harlingen>

## Valley Haven, Inc

Valley Haven is Cameron County's only emergency children's shelter and the largest of its kind in the Rio Grande Valley. Through its 36-bed, home-like facility and specially trained staff, Valley Haven provides a safe refuge for children removed from their homes due to abuse, neglect, or abandonment. By offering stability, compassion, and therapeutic support, Valley Haven helps children heal from trauma, build trusting relationships, and break the cycle of abuse so they can look toward the future with hope.

**Address:** 501 U.S. 83 Business

**City:** Harlingen

**Phone #:** (956) 843-0922

# HOUSING - section three

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- Veterans services

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**City:** Brownsville

**Phone #:** (956) 542-2368

**Website:** <https://www.goodneighborsettlement.org>

## Habitat for Humanity

Habitat for Humanity ReStores are nonprofit home improvement stores and donation centers that sell new and gently used furniture, appliances, home accessories, building materials, clothing and much more to the public at a fraction of the retail price.

**Address:** 507 N. 1st Street

**City:** Harlingen

**Phone #:** (956) 230-3850

**Website:** <http://www.habitatrgv.org>

## La Posada Providencia

La Posada Providencia, is an emergency shelter for men, women and families who flee to the United States due to political oppression, natural disaster, and other life-threatening actions in their native countries.

**Address:** 30094 Marydale Rd.

**City:** San Benito

**Phone #:** (956) 399-3826

**Website:** <https://lppshelter.org>

## Loaves & Fishes RGV

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**Address:** 514 SE Street                      776 Kimball Avenue  
**City:** Harlingen                                Raymondville  
**Phone #:** (956) 423-1014                      (956) 699-2170  
**Website:** <https://lfrgv.org>

## Ozanam Center

The Center is a homeless shelter that serves individuals and families in the area in need of emergency housing assistance.

**Address:** 656 N. Minnesota  
**City:** Brownsville  
**Phone #:** (956) 589-8084  
**Website:** <https://ozanambrownsvillecenter.org>

## Proyecto Juan Diego

Dedicated to serving the Lower Rio Grande Valley, Proyecto Juan Diego (PJD) offers low-income families support, guidance, and education in the areas of health, family, education, immigration, and civic engagement.

**Address:** 3910 Paredes Line Rd.  
**City:** Brownsville  
**Phone #:** (956) 542-2488  
**Website:** <https://www.proyecto-jd.org>

## Safe Haven for Kids Emergency Shelter

Emergency shelter for abused children in the Rio Grande Valley. Safe Haven for Kids will operate as a housing facility mostly for low to moderate income levels of children newborn to 10 years of age. These children have been removed from their home by Child Protective Services due to abuse, neglect or abandonment.

**Address:** 1700 N. Alamo Rd.  
**City:** Alamo  
**Phone #:** (956) 715-4073  
**Website:**  
[https://www.volunteersotx.org/agency/detail/?agency\\_id=54189](https://www.volunteersotx.org/agency/detail/?agency_id=54189)

## Salvation Army Harlingen Corps

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

**Address:** 201E Monroe  
**City:** Harlingen  
**Phone #:** (956) 423-2454  
**Website:**  
<https://southernusa.salvationarmy.org/harlingen>

## Sunny Glen Children's Home

Since 1936, Sunny Glen has been a refuge for abused, neglected, and forgotten children. Sunny Glen Children's Home provides a nurturing environment for children in need, offering compassionate care and support. Our comprehensive programs encompass residential services, foster care, and adoption assistance, ensuring every child receives the love and stability they deserve. At Sunny Glen, we prioritize the well-being and development of each child, fostering a sense of belonging and empowering them to thrive. With a dedicated team of professionals and a commitment to excellence, we strive to make a positive impact on the lives of children and families in our community.

**Address:** PO Box 1373  
**City:** San Benito  
**Phone #:** (956) 399-5356  
**Website:** <https://www.sunnyglen.org/>

## Valley Haven, Inc

Valley Haven is Cameron County's only emergency children's shelter and the largest of its kind in the Rio Grande Valley. Through its 36-bed, home-like facility and specially trained staff, Valley Haven provides a safe refuge for children removed from their homes due to abuse, neglect, or abandonment. By offering stability, compassion, and therapeutic support, Valley Haven helps children heal from trauma, build trusting relationships, and break the cycle of abuse so they can look toward the future with hope.

**Address:** 501 U.S. 83 Business  
**City:** Harlingen  
**Phone #:** (956) 843-0922

# HEALTH - section four

## 2-1-1

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- Utility assistance
- Food assistance
- Employment assistance
- Mental health resources
- Crisis interventions
- Childcare
- Substance abuse treatment
- Veterans services

**Phone #:** call 211 or (877) 541-7905

**Website:** <https://www.211.org>

## Alzheimer's Association

The Alzheimer's Association, San Antonio & South Texas Chapter, supports individuals living with dementia, their families and caregivers, and the professionals who care for them. The Chapter offers support groups, educational programs, individualized planning provided by licensed professionals, and community resource lists. It operates a 24-hour toll-free Helpline, Early Stage Programs, Safety Services for those at risk of wandering, training programs for healthcare professionals, and engages with governmental agencies and academic institutions to promote Alzheimer's research and improved care and support.

**Phone #:** (800) 272-3900

**Website:** [https://www.alz.org/sanantonio/about\\_us](https://www.alz.org/sanantonio/about_us)

## American Cancer Society

The American Cancer Society promotes healthy lifestyles to help you prevent cancer through researching cancer and its causes, to finding more answers and better treatments. ACS fights for life saving policy changes, and provides everything from emotional support to the latest information for those who have been touched by cancer.

**Address:** 5413 South McColl Rd.

**City:** Edinburgh

**Phone #:** (800) 227-2345

**Website:** <https://www.cancer.org>

## BCFS Health and Human Services

BCFS Health and Human Services is a nonprofit established in 1944 specializing in community-based care for at-risk families and children, prevention and early intervention services, housing for young adults aging out of the foster care system, mental health and life skill services, advocacy and case management coordination for survivors of human trafficking, medical programs for women who are pregnant or postpartum, and once-in-a-lifetime experiences for families who have children with a disability or special need. For more than 79 years, BCFS Health and Human Services has profoundly impacted the lives of thousands of youth, children and families in a positive and caring way.

**Address:** 1702 E. Tyler, Suite 4

**City:** Harlingen

**Phone #:** (956) 622-3780

**Website:** <https://bcfshhs.org/Harlingen>

## Behavioral Health Solutions of South Texas

The non-profit center promotes behavior wellness by offering prevention, intervention, treatment, recovery, and research to reduce substance use and related coexisting conditions to people in the Rio Grande Valley.

**Address:** 5510 North Cage Blvd.

**City:** Pharr

**Phone #:** (956) 787-7111

**Website:** <https://www.bhsst.org>

## Capable Kids Foundation

Capable Kids Foundation commits to the inclusion of each and every child and young adult with special needs with typically developing peers in all environments within the Rio Grande Valley.

**Address:** 1223 E. Hackberry Avenue

**City:** McAllen

**Phone #:** (956) 277-1776

**Website:** <https://ckrgv.org/>

## Culture of Life Ministries

We serve all the people in the Harlingen community and surrounding areas through a healing ministry. We strive to restore physical, mental, and spiritual health. We agree to work together in solidarity to welcome all who seek to serve or be served. The services of this ministry are a gift to all; therefore, no fee, charge or payment is requested or desired.

**Address:** 402 E. Van Buren Ave.

**City:** Harlingen

**Phone #:** (956) 320-7005

**Website:** <https://www.columhealth.org>

## Holy Family Services

Holy Family Services is the longest licensed freestanding birth center in Texas and the only birth center in the Rio Grande Valley operated solely by Certified Nurse-Midwives! We are a highly sought-out birth center, conveniently located in the heart of the RGV. Holy Family is known around the country for the exemplary midwifery care it provides. Patients come to us from all areas of the RGV and even further away regions of Texas.

**Address:** 5819 N. FM 88

**City:** Weslaco

**Phone #:** (956) 969-2538

**Website:**

<https://www.holyfamilybirthcenter.com/about-us>

## Moody Clinic

Our mission is to provide the highest quality of rehabilitative services to maximize the potential of children with special needs. Our goal is to provide affordable access to rehabilitative care and create a lasting impact for those who would otherwise go untreated.

**Address:** 1901 E. 22nd St.

**City:** Brownsville

**Phone #:** (956) 542-8504

**Website:** <https://moodyclinic.org>

## NAMI RGV

The local chapter of the National Alliance on Mental Illness offers no-cost classes and support group programs for individuals and families affected by mental illness and operates a toll-free helpline.

**Address:** 801 E. Fern Avenue, Suite 114

**City:** McAllen

**Phone #:** (956) 624-4960

**Website:** <https://www.namirgv.org>

## Pregnancy Resource Centers

We at PRC understand that sometimes pregnancy can bring a lot of different emotions, we also know how frequent these emotions can change.

We are here to help you, whether you are in need of our free pregnancy test, baby items, or all of our services, maybe you just need someone to listen.

We are here for you.

**Address:** 402 E. Van Buren Ave.

**City:** Harlingen

**Phone #:** (956) 340-0164

**Website:** <https://prcrgv.com>

## Rio Grande Valley Diabetes Association

The Rio Grande Valley Diabetes Association (RGVDA) is an independent local, not for profit organization for Hidalgo County, Texas, that is tailored to providing education and prevention for people affected by diabetes.

**Address:** 3200 N. 23rd St. Suite A

**City:** McAllen

**Phone #:** (956) 318-1900

**Website:** <https://rgvda.org/>

## South Texas Blood and Tissue

YOU give. THEY live. ♥

Every day, South Texas Blood & Tissue saves lives through blood, cord blood, birth tissue, tissue, and charitable donations as well as by supporting research for new therapies.

**Address:** 6211 IH-10 West

**City:** San Antonio

**Phone#:** (855) 326-5765

**Website:** <https://biobridgeglobal.org>

## Su Clinica

Su Clinica Harlingen is a full-service clinic for you and your family. We provide four "mini-clinics" under one roof: Pediatrics, Women's Health Center, Adult Medicine, and Dental. We provide an on-site pharmacy, lab, x-ray, night clinics, and so much more. We feature a patient portal that lets you securely view your medical record, request appointments, and send messages to your doctor.

**Address:** 1706 Treasure Hills Blvd.

**City:** Harlingen

**Phone #:** (956) 365-6000

**Website:** <https://www.suclinica.org/harlingen/>

## Unidos Contra la Diabetes

Unidos Contra la Diabetes is a collective impact initiative dedicated to preventing diabetes in the Rio Grande Valley through collaboration and community-driven solutions. Since 2014, UCD has brought together hospitals, clinics, foundations, universities, faith-based organizations, and other partners to promote sustainable change, improve health outcomes, and strengthen efforts to prevent diabetes among children and families throughout our region.

**Address:** 3102 E US Business 83, Suite B

**City:** Weslaco

**Phone #:** (956) 733-1061

**Website:** <https://www.ucdrqv.org>

## United Blood Services (Vitalant)

Vitalant is one of the nation's largest nonprofit blood and biotherapies healthcare organizations, providing hospitals and patients across the U.S. a safe blood supply.

**Website:** <https://www.vitalant.org>

## Valley Aids Council/Westbrook Clinic

*\* A United Way NCC Funded Agency*

Valley AIDS Council (VAC) is the primary provider of HIV prevention, education and testing services and the only Ryan White funded agency providing HIV medical care and supportive services in the 3-county area that stretches from the lower Rio Grande Valley on the US/Mexico border. VAC is a non-profit HIV service organization that delivers culturally appropriate sexual health and wellness services in South Texas and advocates for the Latinx population at the local, state and national level.

**Address:** 2306 Camelot Plaza

**City:** Harlingen

**Phone #:** (956) 428-2653

**Website:** <https://valleyaids.org>

## Viola's House

Viola's House empowers pregnant and parenting teens and young adults to thrive in the local communities where they live, work and are raising their families. We provide stable housing and wraparound services that address the social drivers of health because every mother deserves the resources to set a strong foundation for her family. We are working to build a future where pregnant and parenting individuals in underserved communities worldwide are connected to every available resource to help them and their children flourish.

**Website:** <https://www.violashouse.org>

## Wesley Nurse

The Wesley Nurse program in Harlingen, Texas, is part of Methodist Healthcare Ministries of South Texas, Inc., and provides community health services aimed at improving wellness and quality of life. Located in local churches and community centers, Wesley Nurses offer services that include health education, disease prevention, and access to resources for physical and mental health support. This initiative emphasizes holistic care, addressing not only physical health needs but also social, emotional, and spiritual well-being. By fostering community partnerships, the Wesley Nurse in Harlingen plays a crucial role in promoting health education and enhancing the overall health outcomes of the local community.

**Address:** 321 E. Harrison Ave.

**City:** Harlingen

**Phone #:** (956) 423-0540 ext.131

**Website:** <https://www.mhm.org>

# DISABILITY SERVICES - section five

## 2-1-1

2-1-1 is a free and confidential service that provides access to local community services. People can call 2-1-1 to get information and referrals for a variety of services, including:

- Housing
- Utility assistance
- Food assistance
- Employment assistance
- Mental health resources
- Crisis interventions
- Childcare
- Substance abuse treatment
- Veterans services

**Phone #:** call 211 or (877) 541-7905

**Website:** <https://www.211.org>

## BCFS Health and Human Services

BCFS Health and Human Services is a nonprofit established in 1944 specializing in community-based care for at-risk families and children, prevention and early intervention services, housing for young adults aging out of the foster care system, mental health and life skill services, advocacy and case management coordination for survivors of human trafficking, medical programs for women who are pregnant or postpartum, and once-in-a-lifetime experiences for families who have children with a disability or special need. For more than 79 years, BCFS Health and Human Services has profoundly impacted the lives of thousands of youth, children and families in a positive and caring way.

**Address:** 1702 E. Tyler, Suite 4

**City:** Harlingen

**Phone #:** (956) 622-3780

**Website:** <https://bcfshhs.org/Harlingen>

## Capable Kids Foundation

Capable Kids Foundation commits to the inclusion of each and every child and young adult with special needs with typically developing peers in all environments within the Rio Grande Valley.

**Address:** 1223 E. Hackberry Avenue

**City:** McAllen

**Phone #:** (956) 277-1776

**Website:** <https://ckrgv.org/>

## Disability Rights

Disability Rights Texas (DRTx) is a 501(c)(3) non-profit organization whose mission is to protect and advance the legal, human, and civil rights of people with disabilities living in Texas. DRTx was established in 1977 by the United States Congress as Texas' federally designated legal protection and advocacy agency (P&A). We protect and advocate for the legal and human rights of people with disabilities, a majority of whom are poor.

**Phone #:** (210) 737-0499

**Website:** <https://disabilityrightstx.org/en/home>

## EasterSeals RGV

The first five years of every child's life is a journey of incredible learning that shapes their future. EasterSeals RGV believes young children deserve quality intervention and access to necessary services so they have a chance for a good start in life and an opportunity to grow, learn, succeed and contribute to their community.

**Address:** 1217 W. Houston Ave.

**City:** McAllen

**Phone #:** (956) 631-9171

## Juniper Valley Community

*\* A United Way NCC Funded Mini-Grant*

Juniper Valley Community aims to support individuals with disabilities as they transition to adulthood by providing meaningful work that builds a sense of belonging and awakens genuine purpose through customized programs, skill-building opportunities, and collaborative partnerships with the community.

**Address:** 516 Hannah Lane

**City:** La Feria

**Phone #:** (956) 454-0016

**Website:** <https://www.junipervalley.org>

## Moody Clinic

Our mission is to provide the highest quality of rehabilitative services to maximize the potential of children with special needs. Our goal is to provide affordable access to rehabilitative care and create a lasting impact for those who would otherwise go untreated.

**Address:** 1901 E. 22nd St.

**City:** Brownsville

**Phone #:** (956) 542-8504

**Website:** <https://moodyclinic.org>

## **Valley Association for Independent Living (VAIL)**

VAIL is organized to serve people with disabilities in the greater Rio Grande Valley and South Texas. VAIL is committed to enabling persons with disabilities to gain effective control and direction of their lives in the home, in the workplace and in the community. VAIL's goal is to

stimulate and promote a growing sense of personal dignity and empowerment through individualized programs designed to provide the tools necessary for maximum independence and community participation.

**Address:** 3016 N McColl Rd Ste B

**City:** McAllen

**Phone #:** (956) 668-8245

**Website:** <https://www.vailrgv.org/>

# SENIOR PROGRAMS - section six

## 2-1-1

2-1-1 is a free and confidential service that provides access to local community services. People can call 2-1-1 to get information and referrals for a variety of services, including:

- Housing
- Utility assistance
- Food assistance
- Employment assistance
- Mental health resources
- Crisis interventions
- Childcare
- Substance abuse treatment
- Veterans services

**Phone #:** call 211 or (877) 541-7905

**Website:** <https://www.211.org>

## Adult Protective Services (APS)

APS investigates abuse, neglect, and exploitation of adults who are elderly or have disabilities and who live in the community. Any adult who has a disability or who is age 65 or older that is in a state of abuse, neglect, or exploitation may be eligible to receive adult protective services.

Victims of abuse, neglect, or exploitation may get short-term help with shelter, home repairs, food, transportation, managing money, medical care, home healthcare services, and mental health services.

**Phone #:** (800) 252-5400

**Website:** [https://www.dfps.texas.gov/adult\\_protection](https://www.dfps.texas.gov/adult_protection)

## Alzheimer's Association

The Alzheimer's Association, San Antonio & South Texas Chapter, supports individuals living with dementia, their families and caregivers, and the professionals who care for them. The Chapter offers support groups, educational programs, individualized planning provided by licensed professionals, and community resource lists. It operates a 24-hour toll-free Helpline, Early Stage Programs, Safety Services for those at risk of wandering, training programs for healthcare professionals, and engages with governmental agencies and academic institutions to promote Alzheimer's research and improved care and support.

**Phone #:** (800) 272-3900

**Website:** [https://www.alz.org/sanantonio/about\\_us](https://www.alz.org/sanantonio/about_us)

## Amigos del Valle, Inc

The Mission of Amigos Del Valle, Inc. is to positively impact the quality of life in the Rio Grande Valley of South Texas through the provision of diversified and effective human services, community development activities and advocacy, which are directed to low income families; and with special emphasis in assisting the elder population to maintain active, healthy and independent lives.

**Address:** 212 W. 18th St.

**City:** Mission

**Phone #:** (956) 213-9400

**Website:** <https://www.advrgv.org>

## Volunteer Income Tax Assistance (VITA)

*\* A United Way NCC Initiative*

The Volunteer Income Tax Assistance (VITA) Program offers free tax help to people who earn less than \$69,000 and need assistance in preparing their federal income tax returns. Certified volunteers prepare and electronically file basic tax returns free of charge for qualified individuals in our community.

Volunteers follow IRS quality assurance guidelines and inform taxpayers about special tax credits for which they may be eligible such as Earned Income Tax Credit and Child Tax Credit. VITA sites are located at community organizations throughout Cameron and Willacy County.

**Address:** 320 E Harrison Avenue

**City:** Harlingen

**Phone #:** (956) 423-5954

**Website:** <https://unitedwayincameronwillacy.org>

# VETERANS PROGRAMS - section seven

## 2-1-1

2-1-1 is a free and confidential service that provides access to local community services. People can call 2-1-1 to get information and referrals for a variety of services, including:

- Housing
- Utility assistance
- Food assistance
- Employment assistance
- Mental health resources
- Crisis interventions
- Childcare
- Substance abuse treatment
- Veterans services

**Phone #:** call 211 or (877) 541-7905

**Website:** <https://www.211.org>

## American Legion

The American Legion is the nation's largest veterans service organization, advocating for veterans, service members, and military families while fighting to end veteran suicide. For over a century The American Legion has strengthened America and its veterans through programs, services, compassion and actions that have proven vital, timeless and life-changing.

**Address: Post 205** 504 American Legion Drive

**City:** Harlingen

**Phone #:** (956) 423-1699

**Address: Post 439** 145 E Commercial Ave

**City:** La Feria

**Phone #:** (956) 797-3701

**Address: Post 390** 211 W Hidalgo Ave

**City:** Raymondville

**Phone #:** (956) 689-1903

**Website:** <https://www.legion.org/>

## American Legion Auxiliary Unit 205

ALA Harlingen Unit 205 is a non-profit organization that supports veterans and their families. Chartered on January 3, 1927, The unit is attached to the American Legion Post 205.

**Address:** 504 American Legion Drive

**City:** Harlingen

**Phone #:** (956) 423-1699

## Disabled American Veterans (DAV)

Navigating the transition from service to civilian life is not always easy, but we believe no veteran should have to go at it alone. DAV provides a lifetime of support for veterans of all generations and their families, in positive, life-changing ways. We ensure veterans and their families can access the full range of benefits they deserve, provide care and support during tough times, advocate for the veteran community on Capitol Hill, connect veterans with meaningful employment, and so much more.

**Address:** 921 North Oscar Williams Road

**City:** San Benito

**Phone #:** (956) 626-1630

**Website:** <https://www.ihelpveterans.org/>

## Military Veteran Peer Center

We provide a positive environment for veterans and their immediate family by offering a wide variety of services including:

- Veteran Peer Support Groups
- Individual & Family Counseling Services
- Skills Training & Case Management Services
- Seeking Safety Curriculum
- Community Resource Coordination
- Family Support and Psycho-Educational Groups
- Peer Center Activities

**Harlingen Address:** 1242 N. Sunshine Strip

**Phone #:** (956) 423-1233

**Brownsville Address:** 871 Old Alice Road, Suite C

**Phone #:** (956) 547-1510

**Weslaco Address:** 2215 W Business 83

**Phone #:** (956) 520-8860

**Website:** <https://tvc.texas.org>

## Texas Veterans Commission

The Texas Veterans Commission office in McAllen serves as a vital resource for veterans and their families in the region. This local branch is part of the statewide Texas Veterans Commission, which is dedicated to providing assistance and support to military veterans. The McAllen office offers a range of services, including helping veterans secure benefits and compensation, providing guidance on education and employment opportunities, and offering health care and mental health resources. The office aims to ensure that veterans in the McAllen area receive the support and resources they need to successfully transition to civilian life and access the benefits they have earned.

**Address:** 901 E. Hackberry Ave.

**City:** McAllen

**Phone #:** (956) 618-7100

**Website:** <https://tvc.texas.gov>

# COUNSELING & SUPPORT - section eight

## 2-1-1

2-1-1 is a free and confidential service that provides access to local community services. People can call 2-1-1 to get information and referrals for a variety of services, including:

- Housing
- Utility assistance
- Food assistance
- Employment assistance
- Mental health resources
- Crisis interventions
- Childcare
- Substance abuse treatment
- Veterans services

**Phone #:** call 211 or (877) 541-7905

**Website:** <https://www.211.org>

## Adult Protective Services (APS)

APS investigates abuse, neglect, and exploitation of adults who are elderly or have disabilities and who live in the community. Any adult who has a disability or who is age 65 or older that is in a state of abuse, neglect, or exploitation may be eligible to receive adult protective services.

Victims of abuse, neglect, or exploitation may get short-term help with shelter, home repairs, food, transportation, managing money, medical care, home healthcare services, and mental health services.

**Phone #:** (800) 252-5400

**Website:** [https://www.dfps.texas.gov/adult\\_protection](https://www.dfps.texas.gov/adult_protection)

## Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of people who come together to solve their drinking problem. It doesn't cost anything to attend A.A. meetings. There are no age or education requirements to participate. Membership is open to anyone who wants to do something about their drinking problem. A.A.'s primary purpose is to help alcoholics to achieve sobriety. To find a meeting near you, use the web-site below

**Website:** <https://www.aa.org/>

## Alzheimer's Association

The Alzheimer's Association, San Antonio & South Texas Chapter, supports individuals living with dementia, their families and caregivers, and the professionals who care for them. The Chapter offers support groups, educational programs, individualized planning provided by licensed professionals, and community resource lists. It operates a 24-hour toll-free Helpline, Early Stage Programs, Safety Services for those at risk of wandering, training programs for healthcare professionals, and engages with governmental agencies and academic institutions to promote Alzheimer's research and improved care and support.

**Phone #:** (800) 272-3900

**Website:** [https://www.alz.org/sanantonio/about\\_us](https://www.alz.org/sanantonio/about_us)

## American Cancer Society

The American Cancer Society promotes healthy lifestyles to help you prevent cancer through researching cancer and its causes, to finding more answers and better treatments. ACS fights for life saving policy changes, and provides everything from emotional support to the latest information for those who have been touched by cancer.

**Address:** 5413 South McColl Rd.

**City:** Edinburgh

**Phone #:** (800) 227-2345

**Website:** <https://www.cancer.org>

## American Foundation for Suicide Prevention

Our grassroots efforts aim to prevent suicide through innovative programs, public education on risk factors, fundraising for research, and supporting those affected by suicide. As part of AFSP's network, we unite diverse community members, including families, professionals, and leaders, to prevent suicide locally.

**Phone #:** 988 (Call or Text)

**Website:** <https://afsp.org/chapter/south-texas>

## BCFS Health and Human Services

BCFS Health and Human Services is a nonprofit established in 1944 specializing in community-based care for at-risk families and children, prevention and early intervention services, housing for young adults aging out of the foster care system, mental health and life skill services, advocacy and case management coordination for survivors of human trafficking, medical programs for women who are pregnant or postpartum, and once-in-a-lifetime experiences for families who have children with a disability or special need. For more than 79 years, BCFS Health and Human Services has profoundly impacted the lives of thousands of youth, children and families in a positive and caring way.

**Address:** 1702 E. Tyler, Suite 4

**City:** Harlingen

**Phone #:** (956) 622-3780

**Website:** <https://bcfshhs.org/Harlingen>

## Behavioral Health Solutions of South Texas

The non-profit center promotes behavior wellness by offering prevention, intervention, treatment, recovery, and research to reduce substance use and related coexisting conditions to people in the Rio Grande Valley.

**Address:** 5510 North Cage Blvd.

**City:** Pharr

**Phone #:** (956) 787-7111

**Website:** <https://www.bhsst.org>

## Blue Sunday

Blue Sunday Child Abuse Prevention Initiative (Blue Sunday) is a 501c3 nonprofit organization with two goals: 1) To raise awareness among the faith community through our Blue Ribbon Church program and our annual National Blue Sunday Day of Prayer for Abused Children which is always the last Sunday of April which is child abuse prevention month. 2) To meet the needs of abused children living in the Rio Grande Valley of Texas.

**Address:** 1401 E. Austin Avenue

**City:** Harlingen

**Phone #:** (956) 299-0564

**Website:** <https://www.bluesunday.org>

## Cameron County CASA (Court Appointed Special Advocates)

The National CASA/GAL Association, together with state and local member programs, supports and promotes court-appointed volunteer advocacy so every child who has experienced abuse or neglect can be safe, have a permanent home, and the opportunity to thrive.

**Address:** 1740 Boca Chica Blvd #300

**City:** Brownsville

**Phone #:** (956) 546-6545

**Website:** <https://casaofcameronandwillacy.org>

## Catholic Charities

Catholic Charities of the Rio Grande Valley is the charitable branch of the Diocese of Brownsville. Catholic Charities of the Rio Grande Valley has projects that provide assistance to the poor and most vulnerable populations in our community. It is part of the larger family of Catholic Charities USA and Caritas Internacionalis.

**Address:** 955 West Price Road

**City:** Brownsville

**Phone #:** (956) 541-0220

**Website:** <https://catholiccharitiesrgv.org/>

## Child Protective Services (CPS)

Child Protective Investigations (CPI) examines reports of child abuse or neglect to determine if any child in the family has been abused or neglected.

Investigators decide if there are any threats to the safety of all children in the home. If so, they determine whether the parents are willing and able to adequately manage those threats to keep children safe. If DFPS decides that children aren't safe, the investigator starts protective services.

**Phone #:** (800) 252-5400

**Website:** [https://www.dfps.texas.gov/Child\\_Protection](https://www.dfps.texas.gov/Child_Protection)

## Children's Bereavement Center

*\* A United Way NCC Funded Agency*

We provide free grief counseling for children in the Rio Grande Valley. Our caring staff and friendly atmosphere allow children and teens to receive the support they need.

**Address:** 2302 S. 77 Sunshine Strip #202

**City:** Harlingen

**Phone #:** (956) 368-4065

**Website:** <https://cbc-rgv.org>

## Children's Advocacy Centers of Cameron & Willacy (Monica's House, Maggie's House)

*\* A United Way NCC Funded Agency*

CACCWC staff work alongside CPS, 32 local law enforcement agencies, medical and mental health professionals, the Cameron and Willacy County District Attorney's Offices, and the Child to Adult Abuse Response Team (CAART) to investigate and prosecute child abuse cases. Through this multidisciplinary approach, forensic interviews are conducted once while partner agencies observe remotely, reducing trauma and preventing the re-victimization that can occur through multiple interviews.

**Address:** 2220 S. Haine Dr. Suite # 38

**City:** Harlingen

**Phone #:** (956) 361-3313

**Website:** <https://caccwc.org>

## EasterSeals RGV

The first five years of every child's life is a journey of incredible learning that shapes their future. EasterSeals RGV believes young children deserve quality intervention and access to necessary services so they have a chance for a good start in life and an opportunity to grow, learn, succeed and contribute to their community.

**Address:** 1217 W. Houston Ave.

**City:** McAllen

**Phone #:** (956) 631-9171

## Endeavors

Endeavors passionately serve vulnerable people in crisis through our innovative, personalized approach.

We seek to provide comprehensive, effective, and innovative services that encourage growth, allowing people to build better lives for themselves, their families, and their communities. Why? Because we believe that everyone holds the capacity to grow, heal, change, succeed, and affect others positively.

**Address:** 1130 Pecan Blvd.

**City:** McAllen

**Phone #:** (956) 278-0751

**Website:** <https://www.endeavors.org/locations/mcallen>

## Family Crisis Center

*\* A United Way NCC Funded Agency*

Family Crisis Center is a domestic violence and rape crisis center that provides free and confidential services to victims and their families. The center offers a 24-hour hotline, emergency shelter, intervention and prevention services.

**Address:** 616 W Taylor Street

**City:** Harlingen

**Phone #:** (956) 423-9304

**Website:** <https://familycrisisctr.org>

## Friendship of Women

Our mission is to provide leadership and comprehensive services to empower and promote safety, health, and the overall well-being of adults and children impacted by family and sexual violence. We seek social change through advocacy, education, prevention, and provide a safe home for victims and their families.

**Address:** 95 E. Price Rd.

**City:** Brownsville

**Phone #:** (956) 544-7412

**Website:** <http://www.fowinc.com>

## Mothers Against Drunk Driving

Mothers Against Drunk Driving (MADD) is a nonprofit organization dedicated to preventing deaths and injuries caused by drunk and drugged driving. Founded in 1980, MADD works to support victims and their families, advocate for stricter alcohol and drug-impaired driving laws, and promote awareness through educational programs. Its mission is to create safer roads and communities by eliminating impaired driving and reducing the number of fatalities and injuries associated with it.

**Website:** <https://madd.org>

## NAMI RGV

The local chapter of the National Alliance on Mental Illness offers no-cost classes and support group programs for individuals and families affected by mental illness and operates a toll-free helpline.

**Address:** 801 E. Fern Avenue, Suite 114

**City:** McAllen

**Phone #:** (956) 624-4960

**Website:** <https://www.namirgv.org>

## Nueva Luz Foundation

We are the Nueva Luz Foundation, a non-profit organization based in the Rio Grande Valley with the mission of bringing help to those affected by trauma and PTSD.

**Address:** 902 S. Airport Dr.

**City:** Weslaco

**Phone #:** (956) 351-5653

**Website:** <https://www.nuevaluzfoundation.org>

## Proyecto Juan Diego

Dedicated to serving the Lower Rio Grande Valley, Proyecto Juan Diego (PJD) offers low-income families support, guidance, and education in the areas of health, family, education, immigration, and civic engagement.

**Address:** 3910 Paredes Line Rd.

**City:** Brownsville

**Phone #:** (956) 542-2488

**Website:** <https://www.proyecto-jd.org>

## Recovery Center of Cameron County

Our purpose is to foster the general welfare of the communities of Cameron County and the surrounding counties by providing a safe, therapeutic setting for individuals desiring to make a change in their lives from addiction, mental and emotional disorders. We strive to lessen the burden of government through private nonprofit initiatives for individual growth and personal responsibility, family self-sufficiency, neighborhood improvement, and community development.

**Address:** 1806 W. Jefferson Ave

**City:** Harlingen

**Phone #:** (956) 428-4800

**Website:** <https://recoverycentercc.org/>

## Ronald McDonald Family Room

When a child is ill, the entire family needs support. Ronald McDonald House Charities South Texas provides families in Corpus Christi and the Rio Grande Valley with comfortable, family-centered spaces near critical healthcare, along with meals, snacks, activities, and compassionate support throughout their child's healthcare journey.

**Address:** Valley Baptist Medical Center

**City:** Harlingen

**Phone #:** (956) 412-7200

**Website:** <https://rmhcofcc.org>

## Safe Haven for Kids Emergency Shelter

Emergency shelter for abused children in the Rio Grande Valley. Safe Haven for Kids will operate as a housing facility mostly for low to moderate income levels of children newborn to 10 years of age. These children have been removed from their home by Child Protective Services due to abuse, neglect or abandonment.

**Address:** 1700 N. Alamo Rd.

**City:** Alamo

**Phone #:** (956) 715-4073

**Website:**

[https://www.volunteersotx.org/agency/detail/?agency\\_id=54189](https://www.volunteersotx.org/agency/detail/?agency_id=54189)

## Salvation Army Harlingen Corps

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

**Address:** 201E Monroe

**City:** Harlingen

**Phone #:** (956) 423-2454

**Website:**

<https://southernusa.salvationarmy.org/harlingen>

## Sunny Glen Children's Home

Since 1936, Sunny Glen has been a refuge for abused, neglected, and forgotten children. Sunny Glen Children's Home provides a nurturing environment for children in need, offering compassionate care and support. Our comprehensive programs encompass residential services, foster care, and adoption assistance, ensuring every child receives the love and stability they deserve. At Sunny Glen, we prioritize the well-being and development of each child, fostering a sense of belonging and empowering them to thrive. With a dedicated team of professionals and a commitment to excellence, we strive to make a positive impact on the lives of children and families in our community.

**Address:** PO Box 1373

**City:** San Benito

**Phone #:** (956) 399-5356

**Website:** <https://www.sunnyglen.org/>

## Transformations Program USA (RGV TEXAS)

*\* A United Way NCC Funded Mini-Grant*

Transformations Program USA is a dedicated nonprofit organization committed to empowering individuals through comprehensive support services and personal faith-based development. Its mission is to foster positive life changes for those struggling with Addictions and Life Controlling issues, by providing the tools, mentorship, and resources necessary for sustainable growth and community integration. By focusing on holistic wellness and skill-building, Transformations USA aims to break cycles of adversity, reduce recidivism and help every member realize their full potential in a supportive, judgment-free environment. At Transformations, we believe in being Made NEW - Set free, not just sober.

**Meeting Times:** 1<sup>st</sup> & 3<sup>rd</sup> Mondays at 7 p.m.

**Address:** 4501 W. Expressway 83 (FPG Church)

**City:** Harlingen

**Phone #:** 1-855-MADE-NEW (623-3639)

**Website:** <https://transformationsusa.org/>

## Valley Haven, Inc

Valley Haven is Cameron County's only emergency children's shelter and the largest of its kind in the Rio Grande Valley. Through its 36-bed, home-like facility and specially trained staff, Valley Haven provides a safe refuge for children removed from their homes due to abuse, neglect, or abandonment. By offering stability, compassion, and therapeutic support, Valley Haven helps children heal from trauma, build trusting relationships, and break the cycle of abuse so they can look toward the future with hope.

**Address:** 501 U.S. 83 Business

**City:** Harlingen

**Phone #:** (956) 843-9422

## Viola's House

Viola's House empowers pregnant and parenting teens and young adults to thrive in the local communities where they live, work and are raising their families. We provide stable housing and wraparound services that address the social drivers of health because every mother deserves the resources to set a strong foundation for her family. We are working to build a future where pregnant and parenting individuals in underserved communities worldwide are connected to every available resource to help them and their children flourish.

**Website:** <https://www.violashouse.org>

# EDUCATIONAL PROGRAMS - section nine

## 2-1-1

2-1-1 is a free and confidential service that provides access to local community services. People can call 2-1-1 to get information and referrals for a variety of services, including:

- Housing
- Utility assistance
- Food assistance
- Employment assistance
- Mental health resources
- Crisis interventions
- Childcare
- Substance abuse treatment
- Veterans services

**Phone #:** call 211 or (877) 541-7905

**Website:** <https://www.211.org>

## American Red Cross

The American Red Cross of South Texas serves seven counties: Jim Hogg, Brooks, Kennedy, Willacy, Cameron, Hidalgo and Starr County. Under the leadership of our board, we continue the proud tradition of helping Valley residents prevent, prepare for and respond to emergencies.

**Address:** 6914 West Expressway 83

**City:** Harlingen

**Phone #:** (956) 423-0523

**Website:**

<https://www.redcross.org/local/texas/gulf-coast.html>

## BCFS Health and Human Services

BCFS Health and Human Services is a nonprofit established in 1944 specializing in community-based care for at-risk families and children, prevention and early intervention services, housing for young adults aging out of the foster care system, mental health and life skill services, advocacy and case management coordination for survivors of human trafficking, medical programs for women who are pregnant or postpartum, and once-in-a-lifetime experiences for families who have children with a disability or special need.

**Address:** 1702 E. Tyler, Suite 4

**City:** Harlingen

**Phone #:** (956) 622-3780

**Website:** <https://bcfshhs.org/Harlingen>

## Blue Sunday

Blue Sunday Child Abuse Prevention Initiative (Blue Sunday) is a 501c3 nonprofit organization with two goals: 1) To raise awareness among the faith community through our Blue Ribbon Church program and our annual National Blue Sunday Day of Prayer for Abused Children which is always the last Sunday of April which is child abuse prevention month. 2) To meet the needs of abused children living in the Rio Grande Valley

**Address:** 1401 E. Austin Avenue

**City:** Harlingen

**Phone #:** (956) 299-0564

**Website:** <https://www.bluesunday.org>

## Boys & Girls Club of Harlingen

*\* A United Way NCC Funded Agency*

The Mission of the Boys and Girls Club of Harlingen is to enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens.

**Address:** 1209 W Washington Ave

**City:** Harlingen

**Phone #:** (956) 421-4183

**Website:** <https://boysclubofharlingen.wixsite.com/bgch>

## Boys & Girls Club of San Benito

*\* A United Way NCC Funded Agency*

The vision of the Boys and Girls Club of San Benito is to provide a world-class Club Experience that assures success is within reach of every young person who enters our doors, with all members on track to graduate from high school with a plan for the future, demonstrating good character and citizenship, and living a healthy lifestyle.

**Address:** 410 North Stookey

**City:** San Benito

**Phone #:** (956) 399-4662

**Website:** <https://www.sanbenitobgc.org>

## Communities in Schools

Communities In Schools (CIS) believes that caring, one-on-one relationships between adults and young people make the crucial difference. Programs don't change kids – relationships do. CIS creates comprehensive, locally controlled and owned support systems around schools. In partnership with the local system, CIS identifies the most critical needs of students and families – needs that are preventing children from succeeding in school, and in life.

CIS fuels personal potential, so every student can take charge of their story and define their success for life.

**Address:** 356 N. Sam Houston Blvd.

**City:** San Benito

**Phone #:** (956) 554-7954

**Website:** <https://www.ciscameroncounty.org>

## EasterSeals RGV

The first five years of every child's life is a journey of incredible learning that shapes their future. EasterSeals RGV believes young children deserve quality intervention and access to necessary services so they have a chance for a good start in life and an opportunity to grow, learn, succeed and contribute to their community.

**Address:** 1217 W. Houston Ave.

**City:** McAllen

**Phone #:** (956) 631-9171

## Family Crisis Center

*\* A United Way NCC Funded Agency*

Family Crisis Center is a domestic violence and rape crisis center that provides free and confidential services to victims and their families. The center offers a 24-hour hotline, emergency shelter, intervention and prevention services.

**Address:** 616 W Taylor Street

**City:** Harlingen

**Phone #:** (956) 423-9304

**Website:** <https://familycrisisctr.org>

## Friendship of Women

Our mission is to provide leadership and comprehensive services to empower and promote safety, health, and the overall well-being of adults and children impacted by family and sexual violence. We seek social change through advocacy, education, prevention, and provide a safe home for victims and their families.

**Address:** 95 E. Price Rd.

**City:** Brownsville

**Phone #:** (956) 544-7412

**Website:** <http://www.fowinc.com>

## Girl Scouts of Greater South Texas

*\* A United Way NCC Funded Agency*

Girl Scouts of Greater South Texas is a regional council dedicated to empowering young girls through leadership development, community service, and personal growth. Serving a diverse area in South Texas, this organization provides girls with opportunities to engage in a variety of activities, from outdoor adventures to STEM programs and life skills workshops. By fostering a supportive and inclusive environment, Girl Scouts of Greater South Texas aims to build courage, confidence, and character in each girl, preparing them to make a positive impact in their communities and beyond.

**Address:** 202 E. Madison Ave.

**City:** Harlingen

**Phone #:** (956) 425-2388

**Website:** <https://www.gsgst.org>

## Goodwill Industries of South Texas

To create life-changing opportunities for people with disabilities or other barriers to employment.

**Address:** 2961 S. Port Ave.

**City:** Corpus Christi

**Phone #:** (361) 884-4068

**Website:** <https://goodwillsouthtexas.com>

## Juniper Valley Community

*\* A United Way NCC Funded Mini-Grant*

Juniper Valley Community aims to support individuals with disabilities as they transition to adulthood by providing meaningful work that builds a sense of belonging and awakens genuine purpose through customized programs, skill-building opportunities, and collaborative partnerships with the community.

**Address:** 516 Hannah Lane

**City:** La Feria

**Phone #:** (956) 454-0016

**Website:** <https://www.junipervalley.org>

## Literacy Center of Harlingen

*\* A United Way NCC Funded Agency*

We are a non-profit organization established in 1986 dedicated to helping adults across the Harlingen and surrounding areas reach their full potential by enabling them to acquire the listening, speaking, reading and writing skills (in English) they need to help themselves in their daily lives.

**Address:** 101 E. Monroe Ave.

**City:** Harlingen

**Phone #:** (956) 428-8883

**Website:** <https://www.literacycenterofharlingen.org>

## M.I. Academy

M.I. Academy was created to address the gap in transitional services once students with disabilities age out of the public schools system. M.I. Academy is a safe place where young adults with physical and intellectual disabilities can have access to a Christ-centered continuing education and life skills programs to equip them with employable skills to lead a productive and fruitful life

**Address:** 1618 Rio Hondo Rd.

**City:** Harlingen

**Phone #:** (956) 357-0880

**Website:** <https://www.miacademyrgv.com>

## Nueva Luz Foundation

We are the Nueva Luz Foundation, a non-profit organization based in the Rio Grande Valley with the mission of bringing help to those affected by trauma and PTSD.

**Address:** 902 S. Airport Dr.

**City:** Weslaco

**Phone #:** (956) 351-5653

**Website:** <https://www.nuevaluzfoundation.org>

## Proyecto Juan Diego

Dedicated to serving the Lower Rio Grande Valley, Proyecto Juan Diego (PJD) offers low-income families support, guidance, and education in the areas of health, family, education, immigration, and civic engagement.

**Address:** 3910 Paredes Line Rd.

**City:** Brownsville

**Phone #:** (956) 542-2488

**Website:** <https://www.proyecto-jd.org>

## Rio Grande Valley Diabetes Association

The Rio Grande Valley Diabetes Association (RGVDA) is an independent local, not for profit organization for Hidalgo County, Texas, that is tailored to providing education and prevention for people affected by diabetes.

**Address:** 3200 N. 23rd St. Suite A

**City:** McAllen

**Phone #:** (956) 318-1900

**Website:** <https://rgvda.org/>

## Scouting USA, RGV Council

*\* A United Way NCC Funded Agency*

Scouting America promotes a culture where each youth, volunteer, and employee feels a sense of belonging and builds communities where every person feels respected and valued. Leading by example and encouraging each other to live by the values expressed by the Scout Oath and Scout Law, we welcome families of all backgrounds to help prepare young people to serve as successful members and leaders of our nation's increasingly diverse communities. The Rio Grande Council has proudly served the Rio Grande Valley since 1912. Our council delivers the promise of Scouting to youth in five local counties: Cameron, Hidalgo, Willacy, Starr, and Zapata. Our activity programs teach young people to "be prepared!" for adventure, education, service, citizenship, and leadership.

**Address:** 6912 W Expressway 84

**City:** Harlingen

**Phone #:** (956) 423-0250

**Website:** <https://www.riograndecouncil.org>

## Salvation Army Harlingen Corps

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

**Address:** 201E Monroe

**City:** Harlingen

**Phone #:** (956) 423-2454

**Website:**

<https://southernusa.salvationarmy.org/harlingen>

## Transformations Program USA (RGV TEXAS)

*\* A United Way NCC Funded Mini-Grant*

Transformations Program USA is a dedicated nonprofit organization committed to empowering individuals through comprehensive support services and personal faith-based development. Its mission is to foster positive life changes for those struggling with Addictions and Life Controlling issues, by providing the tools, mentorship, and resources necessary for sustainable growth and community integration. By focusing on holistic wellness and skill-building, Transformations USA aims to break cycles of adversity, reduce recidivism and help every member realize their full potential in a supportive, judgment-free environment. At Transformations, we believe in being Made NEW - Set free, not just sober.

**Meeting Times:** 1<sup>st</sup> & 3<sup>rd</sup> Mondays at 7 p.m.

**Address:** 4501 W. Expressway 83 (FPG Church)

**City:** Harlingen

**Phone #:** 1-855-MADE-NEW (623-3639)

**Website:** <https://transformationsusa.org/>

## Unidos Contra la Diabetes

Unidos Contra la Diabetes is a collective impact initiative, with community partnerships dedicated to preventing diabetes in the Rio Grande Valley. We bring people together in a structured way to achieve social, behavioral, and sustainable community change.

Unidos Contra la Diabetes (UCD) began in 2014 as a group of community leaders who wanted to improve the lives of the Rio Grande Valley. Looking at upstream, strategic, and sustainable changes, the group made its mission to focus on prediabetes and the prevention of diabetes.

UCD works together with hospitals, community clinics, foundations, universities, and faith-based organizations to improve the lives of children and families in our area. Now, we are building on existing efforts and partnerships by coming together as a united group to increase our impact on diabetes prevention.

**Address:** 3102 E US Business 83, Suite B

**City:** Weslaco

**Phone #:** (956) 733-1061

**Website:** <https://www.ucdrqv.org>

## Viola's House

Viola's House empowers pregnant and parenting teens and young adults to thrive in the local communities where they live, work and are raising their families. We provide stable housing and wraparound services that address the social drivers of health because every mother deserves the resources to set a strong foundation for her family. We are working to build a future where pregnant and parenting individuals in underserved communities worldwide are connected to every available resource to help them and their children flourish.

**Website:** <https://www.violashouse.org>

# PARENTING - section ten

## 2-1-1

2-1-1 is a free and confidential service that provides access to local community services. People can call 2-1-1 to get information and referrals for a variety of services, including:

- Housing
- Utility assistance
- Food assistance
- Employment assistance
- Mental health resources
- Crisis interventions
- Childcare
- Substance abuse treatment
- Veterans services

**Phone #:** call 211 or (877) 541-7905

**Website:** <https://www.211.org>

## BCFS Health and Human Services

BCFS Health and Human Services is a nonprofit established in 1944 specializing in community-based care for at-risk families and children, prevention and early intervention services, housing for young adults aging out of the foster care system, mental health and life skill services, advocacy and case management coordination for survivors of human trafficking, medical programs for women who are pregnant or postpartum, and once-in-a-lifetime experiences for families who have children with a disability or special need. For more than 79 years, BCFS Health and Human Services has profoundly impacted the lives of thousands of youth, children and families in a positive and caring way.

**Address:** 1702 E. Tyler, Suite 4

**City:** Harlingen

**Phone #:** (956) 622-3780

**Website:** <https://bcfshhs.org/Harlingen>

## Boys & Girls Club of Harlingen

*\* A United Way NCC Funded Agency*

The Mission of the Boys and Girls Club of Harlingen is to enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens.

**Address:** 1209 W Washington Ave

**City:** Harlingen

**Phone #:** (956) 421-4183

**Website:** <https://boysclubofharlingen.wixsite.com/bgch>

## Boys & Girls Club of San Benito

*\* A United Way NCC Funded Agency*

The vision of the Boys and Girls Club of San Benito is to provide a world-class Club Experience that assures success is within reach of every young person who enters our doors, with all members on track to graduate from high school with a plan for the future, demonstrating good character and citizenship, and living a healthy lifestyle.

**Address:** 410 North Stookey

**City:** San Benito

**Phone #:** (956) 399-4662

**Website:** <https://www.sanbenitobgc.org>

## CASA (Court Appointed Special Advocates)

The National CASA/GAL Association, together with state and local member programs, supports and promotes court-appointed volunteer advocacy so every child who has experienced abuse or neglect can be safe, have a permanent home, and the opportunity to thrive.

**Address:** 1740 Boca Chica Blvd #300

**City:** Brownsville

**Phone #:** (956) 546-6545

**Website:** <https://casaofcameronandwillacy.org>

## Child Protective Services (CPS)

Child Protective Investigations (CPI) examines reports of child abuse or neglect to determine if any child in the family has been abused or neglected.

Investigators decide if there are any threats to the safety of all children in the home. If so, they determine whether the parents are willing and able to adequately manage those threats to keep children safe. If DFPS decides that children aren't safe, the investigator starts protective services.

**Phone #:** (800) 252-5400

**Website:** [https://www.dfps.texas.gov/Child\\_Protection](https://www.dfps.texas.gov/Child_Protection)

## Girl Scouts of Greater South Texas

*\* A United Way NCC Funded Agency*

Girl Scouts of Greater South Texas is a regional council dedicated to empowering young girls through leadership development, community service, and personal growth. Serving a diverse area in South Texas, this organization provides girls with opportunities to engage in a variety of activities, from outdoor adventures to STEM programs and life skills workshops. By fostering a supportive and inclusive environment, Girl Scouts of Greater South Texas aims to build courage, confidence, and character in each girl, preparing them to make a positive impact in their communities and beyond.

**Address:** 202 E. Madison Ave.

**City:** Harlingen

**Phone #:** (956) 425-2388

**Website:** <https://www.gsgst.org>

## Pregnancy Resource Centers

We at PRC understand that sometimes pregnancy can bring a lot of different emotions, we also know how frequent these emotions can change.

We are here to help you, whether you are in need of our free pregnancy test, baby items, or all of our services, maybe you just need someone to listen.

We are here for you.

**Address:** 402 E. Van Buren Ave.

**City:** Harlingen

**Phone #:** (956) 340-0164

**Website:** <https://prcrgv.com>

## Recovery Center of Cameron County

Our purpose is to foster the general welfare of the communities of Cameron County and the surrounding counties by providing a safe, therapeutic setting for individuals desiring to make a change in their lives from addiction, mental and emotional disorders. We strive to lessen the burden of government through private nonprofit initiatives for individual growth and personal responsibility, family self-sufficiency, neighborhood improvement, and community development.

**Address:** 1806 W. Jefferson Ave

**City:** Harlingen

**Phone #:** (956) 428-4800

**Website:** <https://recoverycentercc.org/>

## Ronald McDonald Family Room

When a child is ill, the entire family needs support. Ronald McDonald House Charities South Texas provides families in Corpus Christi and the Rio Grande Valley with comfortable, family-centered spaces near critical healthcare, along with meals, snacks, activities, and compassionate support throughout their child's healthcare journey.

**Address:** Valley Baptist Medical Center

**City:** Harlingen

**Phone #:** (956) 412-7200

**Website:** <https://rmhcofcc.org>

## Scouting USA, RGV Council

*\* A United Way NCC Funded Agency*

Scouting America promotes a culture where each youth, volunteer, and employee feels a sense of belonging and builds communities where every person feels respected and valued. Leading by example and encouraging each other to live by the values expressed by the Scout Oath and Scout Law, we welcome families of all backgrounds to help prepare young people to serve as successful members and leaders of our nation's increasingly diverse communities. The Rio Grande Council has proudly served the Rio Grande Valley since 1912. Our council delivers the promise of Scouting to youth in five local counties: Cameron, Hidalgo, Willacy, Starr, and Zapata. Our activity programs teach young people to "be prepared!" for adventure, education, service, citizenship, and leadership.

**Address:** 6912 W Expressway 84

**City:** Harlingen

**Phone #:** (956) 423-0250

**Website:** <https://www.riograndecouncil.org>

## Transformations Program USA (RGV TEXAS)

*\* A United Way NCC Funded Mini-Grant*

Transformations Program USA is a dedicated nonprofit organization committed to empowering individuals through comprehensive support services and personal faith-based development. Its mission is to foster positive life changes for those struggling with Addictions and Life Controlling issues, by providing the tools, mentorship, and resources necessary for sustainable growth and community integration. By focusing on holistic wellness and skill-building, Transformations USA aims to break cycles of adversity, reduce recidivism and help every member realize their full potential in a supportive, judgment-free environment. At Transformations, we believe in being Made NEW - Set free, not just sober.

**Meeting Times:** 1<sup>st</sup> & 3<sup>rd</sup> Mondays at 7 p.m.

**Address:** 4501 W. Expressway 83 (FPG Church)

**City:** Harlingen

**Phone #:** 1-855-MADE-NEW (623-3639)

**Website:** <https://transformationsusa.org/>

## Viola's House

Viola's House empowers pregnant and parenting teens and young adults to thrive in the local communities where they live, work and are raising their families. We provide stable housing and wraparound services that address the social drivers of health because every mother deserves the resources to set a strong foundation for her family. We are working to build a future where pregnant and parenting individuals in underserved communities worldwide are connected to every available resource to help them and their children flourish.

**Website:** <https://www.violashouse.org>

# EMPLOYMENT & ADULT EDUCATION - section eleven

## 2-1-1

2-1-1 is a free and confidential service that provides access to local community services. People can call 2-1-1 to get information and referrals for a variety of services, including:

- Housing
- Utility assistance
- Food assistance
- Employment assistance
- Mental health resources
- Crisis interventions
- Childcare
- Substance abuse treatment
- Veterans services

**Phone #:** call 211 or (877) 541-7905

**Website:** <https://www.211.org>

## Goodwill Industries of South Texas

To create life-changing opportunities for people with disabilities or other barriers to employment.

**Address:** 2961 S. Port Ave.

**City:** Corpus Christi

**Phone #:** (361) 884-4068

**Website:** <https://goodwillsouthtexas.com>

## Juniper Valley Community

*\* A United Way NCC Funded Mini-Grant*

Juniper Valley Community aims to support individuals with disabilities as they transition to adulthood by providing meaningful work that builds a sense of belonging and awakens genuine purpose through customized programs, skill-building opportunities, and collaborative partnerships with the community.

**Address:** 516 Hannah Lane

**City:** La Feria

**Phone #:** (956) 454-0016

**Website:** <https://www.junipervalley.org>

## Literacy Center of Harlingen

*\* A United Way NCC Funded Agency*

We are a non-profit organization established in 1986 dedicated to helping adults across the Harlingen and surrounding areas reach their full potential by enabling them to acquire the listening, speaking, reading and writing skills (in English) they need to help themselves in their daily lives.

**Address:** 101 E. Monroe Ave.

**City:** Harlingen

**Phone #:** (956) 428-8883

**Website:** <https://www.literacycenterofharlingen.org>

## Loaves & Fishes RGV

*\* A United Way NCC Funded Agency*

Loaves and Fishes' primary mission is to function as the "mission arm" of the member congregations in the Upper Cameron and Willacy County areas. Loaves and Fishes of the RGV Valley, Inc., offers food, shelter, job training and placement and provides monetary and non-monetary aid to those experiencing a life altering event that takes away their ability to afford the necessities of life.

**Address:** 514 SE Street

**City:** Harlingen

**Phone #:** (956) 423-1014

**Address:** 776 Kimball Avenue

**City:** Raymondville

**Phone #:** (956) 699-2170

**Website:** <https://lfrgv.org>

## M.I. Academy

M.I. Academy was created to address the gap in transitional services once students with disabilities age out of the public schools system. M.I. Academy is a safe place where young adults with physical and intellectual disabilities can have access to a Christ-centered continuing education and life skills programs to equip them with employable skills to lead a productive and fruitful life

**Address:** 1618 Rio Hondo Rd.

**City:** Harlingen

**Phone #:** (956) 357-0880

**Website:** <https://www.miacademyrgv.com>

## RGV LEAD

Employers across the region are looking to hire qualified area residents for good-paying, rewarding careers that require skills beyond high school. To achieve this goal, RGV LEAD works with regional school districts and local industries to strengthen the career pathways and study programs offered to students and increase the percentage of students engaged in high-quality work-based learning by connecting classroom learning to the workplace to help students prepare for future careers.

**Address:** 322 S. Missouri Ave.

**City:** Weslaco

**Phone #:** (956) 405-3091

**Website:** <https://www.rgvlead.org>

## Salvation Army Harlingen Corps

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

**Address:** 201E Monroe

**City:** Harlingen

**Phone #:** (956) 423-2454

**Website:**

<https://southernusa.salvationarmy.org/harlingen>

## Volunteer Income Tax Assistance (VITA)

*\* A United Way NCC Initiative*

The Volunteer Income Tax Assistance (VITA) Program offers free tax help to people who earn less than \$69,000 and need assistance in preparing their federal income tax returns. Certified volunteers prepare and electronically file basic tax returns free of charge for qualified individuals in our community.

Volunteers follow IRS quality assurance guidelines and inform taxpayers about special tax credits for which they may be eligible such as Earned Income Tax Credit and Child Tax Credit. VITA sites are located at community organizations throughout Cameron and Willacy County.

**Address:** 320 E Harrison Avenue

**City:** Harlingen

**Phone #:** (956) 423-5954

**Website:** <https://unitedwayincameronwillacy.org>

## Workforce Solutions

Workforce Solutions strives to meet the needs and demands of our workforce community by educating, employing and empowering for a better quality of life. Jobseekers, Business Services, Veterans Services, Childcare Services & Youth Services

**Workforce Cameron**

**Address:** 1820 W. Jefferson

**City:** Harlingen

**Phone #:** (956) 368-5200

**Website:** <https://www.wfscameron.org/>

**Workforce Willacy**

**Address:** 700 FM 3168, Ste.3

**City:** Raymondville

**Phone #:** (956) 689-3412

**Website:** <https://www.wfsolutions.org/>

# LEGAL SERVICES & ADVOCACY - section twelve

## American Bar Association (ABA)

ProBAR empowers immigrants at the U.S.–Mexico border by providing high-quality legal support and service connections. Annually, thousands are detained in South Texas, many seeking refuge from violence. ProBAR offers vital assistance in navigating complex immigration challenges, helping eligible individuals secure humanitarian relief like asylum and gain stability in the U.S.

**Address:** 202 South 1st St. Suite 300

**City:** Harlingen

**Phone #:** (956) 365-3775

**Website:** <https://www.americanbar.org>

## Build-A-Bed

*\* A United Way NCC Initiative*

This essential initiative is aimed at providing beds to children in need, particularly those living in poverty here in Northern Cameron and Willacy County.

It's hard to envision sweet dreams running through a child's head when they're sleeping on a cold, hard floor. For many children, especially those in poverty, a bed is considered a luxury. Many end up sleeping on the floor, on a couch, in a chair, night after night. This program partners with our local schools to identify eligible students and supply them with a bed frame, a mattress, sheets, blankets, and pillows. By fostering community support through donations and volunteer efforts, we can change lives and ensure every child in our community has a safe place to sleep.

**Address:** 320 E Harrison Avenue

**City:** Harlingen

**Phone #:** (956) 423-5954

**Website:** <https://unitedwayincameronwillacy.org>

## CASA (Court Appointed Special Advocates)

The National CASA/GAL Association, together with state and local member programs, supports and promotes court-appointed volunteer advocacy so every child who has experienced abuse or neglect can be safe, have a permanent home, and the opportunity to thrive.

**Address:** 1740 Boca Chica Blvd #300

**City:** Brownsville

**Phone #:** (956) 546-6545

**Website:** <https://casaofcameronandwillacy.org>

## Catholic Charities

Catholic Charities of the Rio Grande Valley is the charitable branch of the Diocese of Brownsville. Catholic Charities of the Rio Grande Valley has projects that provide assistance to the poor and most vulnerable populations in our community. It is part of the larger family of Catholic Charities USA and Caritas Internacionalis.

**Address:** 955 West Price Road

**City:** Brownsville

**Phone #:** (956) 541-0220

**Website:** <https://catholiccharitiesrgv.org/>

## Child Protective Services (CPS)

Child Protective Investigations (CPI) examines reports of child abuse or neglect to determine if any child in the family has been abused or neglected.

Investigators decide if there are any threats to the safety of all children in the home. If so, they determine whether the parents are willing and able to adequately manage those threats to keep children safe. If DFPS decides that children aren't safe, the investigator starts protective services.

**Phone #:** (800) 252-5400

**Website:** [https://www.dfps.texas.gov/Child\\_Protection](https://www.dfps.texas.gov/Child_Protection)

## Children's Advocacy Centers of Cameron & Willacy (Monica's House , Maggie's House)

*\* A United Way NCC Funded Agency*

The CACCWC staff work collaboratively with other child abuse professionals on case management, investigation, and prosecution of child abuse cases. This Multidisciplinary Team (MDT) consists of the forensic interviews, Child Protective Services, 32 local law enforcement agencies, mental health and medical professionals, the Cameron County and the Willacy County District Attorney's Office, and the Child to Adult Abuse Response Team (CAART). The forensic interviews are conducted while law enforcement and CPS observe the interviews in a separate room. This allows for the children to be interviewed once, rather than having multiple interviews, as this often causes trauma and re-victimization.

**Address:** 2220 S. Haine Dr. Suite # 38

**City:** Harlingen

**Phone #:** (956) 361-3313

**Website:** <https://caccwc.org>

## Communities in Schools

Communities In Schools believes relationships change lives. By partnering with schools and local organizations, CIS connects students and families to the resources and support they need to overcome barriers, succeed in school, and reach their full potential. **Address:** 356 N. Sam Houston Blvd.

**City:** San Benito

**Phone #:** (956) 554-7954

**Website:** <https://www.ciscameroncounty.org>

## Disability Rights

Disability Rights Texas (DRTx) is a 501(c)(3) non-profit organization whose mission is to protect and advance the legal, human, and civil rights of people with disabilities living in Texas. DRTx was established in 1977 by the United States Congress as Texas' federally designated legal protection and advocacy agency (P&A). We protect and advocate for the legal and human rights of people with disabilities, a majority of whom are poor.

**Phone #:** (210) 737-0499

**Website:** <https://disabilityrightstx.org/en/home>

## Foster Angels of South Texas

The mission of Foster Angels is to improve the lives of children in foster care ensuring each child has their basic needs met and providing life-enhancing, life-enriching opportunities whenever possible.

**Website:** <https://fosterangelsstx.org>

## Healthy Harlingen

Healthy Harlingen is the main community source of education for health and wellness in Harlingen, Texas, and is fueled by the Mayor's Wellness Council.

**Address:** 1237 N. 77 Sunshine Strip

**City:** Harlingen

**Phone #:** (956) 564-0903

**Website:** <https://healthyharlingen.org>

## Mothers Against Drunk Driving

Mothers Against Drunk Driving (MADD) is a nonprofit organization dedicated to preventing deaths and injuries caused by drunk and drugged driving. Founded in 1980, MADD works to support victims and their families, advocate for stricter alcohol and drug-impaired driving laws, and promote awareness through educational programs. Its mission is to create safer roads and communities by eliminating impaired driving and reducing the number of fatalities and injuries associated with it.

**Website:** <https://madd.org>

## Raise Your Hand Texas

Raise Your Hand Texas supports public policy solutions that invest in our students, encourage innovation and autonomy, and improve college, military, and workforce readiness.

**Website:** <https://www.raiseyourhandtexas.org/>

## RGV Humane Society

Rio Grande Valley Humane Society (RGVHS) is a non-profit 501(c)3 animal shelter and adoption center serving the community of the Rio Grande Valley. We provide homeless animals with shelter and care while working to find them new homes. RGVHS serves more than 6,000 animals each year, brought in by municipal animal control officers and surrendered by local residents. All pets are vaccinated, microchipped, and spayed/neutered (or scheduled for spay/neuter) prior to adoption.

**Address:** 2729 N. Expressway 77

**City:** Harlingen

**Phone #:** (956) 591-0058

**Website:** <https://www.rgvhs.org/>

## RGV LEAD

Employers across the region are looking to hire qualified area residents for good-paying, rewarding careers that require skills beyond high school. To achieve this goal, RGV LEAD works with regional school districts and local industries to strengthen the career pathways and study programs offered to students and increase the percentage of students engaged in high-quality work-based learning by connecting classroom learning to the workplace to help students prepare for future careers.

**Address:** 322 S. Missouri Ave.

**City:** Weslaco

**Phone #:** (956) 405-3091

**Website:** <https://www.rgvlead.org>

## Texas Association of Community Action Agencies

The Community Action network is made up of public and nonprofit Community Action Agencies, serving all 254 counties in Texas. With over 60 years of experience, these agencies have deep roots in Texas communities, uniquely positioned to address the complex challenges of poverty confronting working families, veterans, and seniors. Governed by a diverse board of agency leaders, we work together to advance opportunity and lasting change in every corner of Texas.

**Phone #:** (512) 462-2555

**Website:** <https://www.tacca.org>

## **Texas RioGrande Legal Aid (TRLA)**

Texas RioGrande Legal Aid (TRLA) is a nonprofit organization that provides free legal services to low-income individuals and families in Texas and parts of New Mexico. Established in 1970, TRLA offers assistance in various areas of law, including family law, housing, employment, public benefits, and civil rights. Its mission is to ensure equal access to justice for underserved communities by advocating for their legal rights and addressing systemic issues through litigation, partnerships, and educational initiatives. With multiple offices across the region, TRLA serves a vast area and is one of the largest legal aid providers in the United States.

**Address:** 301 South Texas Avenue

**City:** Mercedes

**Phone #:** (956) 996-8752

**Website:** <https://www.trla.org>

## **The Young Center for Immigrant Children's Rights**

The Young Center for Immigrant Children's Rights protects and advances the rights and best interests of immigrant children according to the Convention on the Rights of the Child and state and federal law.

**Website:** <https://www.theyoungcenter.org>

# CIVIC & SERVICE AGENCIES - section thirteen

## Cameron County Young Life

Young Life is a non-profit Christian outreach program with leaders & volunteers earning the right to share the Good news of Jesus Christ to our friends in the Rio Grande Valley.

**Address:** PO Box 533087

**City:** Harlingen

**Phone #:** (956) 336-9676

**Website:** <https://cameronco.younglife.org>

## Catholic War Veterans

The Catholic War Veterans of the USA and Auxiliary advocate for and support all veterans, their families, and our communities through fellowship, charitable activities, and veteran services.

**Website:** <https://thecwv.org/>

## Citizen's Volunteer Council for the Rio Grande State Center

The CVC consists of community members who volunteer their time and resources to improve the lives of patients receiving services at Rio Grande State Center. We provide goods, services and activities beyond the basic needs provided by the state.

The Citizens Volunteer Council exists solely to improve the quality of life of patients receiving services at the facility through fundraising efforts.

**Address:** 1401 Rangerville Road

**City:** Harlingen

**Phone #:** (956) 364-8430

**Website:** <http://www.rgscvc.org>

## Junior League of Harlingen

*\* A United Way NCC Funded Mini-Grant*

*\* International Service Organization*

The Junior Leagues are organizations of women committed to promoting voluntarism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers. Our purpose is exclusively educational and charitable.

The Junior Leagues reach out to women of all races, religions and national origins who demonstrate an interest in and commitment to voluntarism.

**City:** Harlingen

**Website:** <https://www.jlharlingen.org>

## Keep Harlingen Beautiful

The purpose of the organization is to empower and educate the community to clean and beautify the environment and to recycle. Harlingen Proud leadership consists of an 18-member Board of Directors that is appointed by the City Commission and one part-time staff person. Keep Harlingen Beautiful works very closely with the City of Harlingen in all areas of beautification, recycling, graffiti abatement, litter prevention, illegal dumping issues and education.

Volunteers are the foundation of the organization and each year over 2000 citizens join together to clean and beautify the community.

**Address:** 1204 Fair Park Blvd.

**City:** Harlingen

**Phone #:** (956) 427-8776

**Website:**

[https://www.harlingentx.gov/government/boards\\_\\_\\_committees/keep\\_harlingen\\_beautiful/index.php](https://www.harlingentx.gov/government/boards___committees/keep_harlingen_beautiful/index.php)

## Kiwanis Club

*\* International Service Organization*

Kiwanis is a global organization of volunteers dedicated to improving the world one child and one community at a time.

**City:** Edinburg

**Website:**

<http://www.facebook.com/pages/Edinburg-Kiwanis-Club/323757170998285>

## Knights of Columbus

*\* A Global Catholic Fraternal Service Organization*

The Knights of Columbus in Harlingen is a local chapter of the global Catholic fraternal organization dedicated to charity, unity, fraternity, and patriotism. Founded in 1882, the Knights of Columbus aims to support individuals and families in need through various charitable initiatives, community service projects, and fundraising efforts. Members, known as Knights, engage in volunteer activities that promote the well-being of their community while strengthening their faith and fostering brotherhood among men. Through their commitment to service, the Knights of Columbus in Harlingen play a vital role in addressing local needs and making a positive impact in the area.

**Address:** 1701 E. Harrison Ave.

**City:** Harlingen

**Phone #:** (956) 423-9044

**Website:** <https://www.kofc2785.org>

## Harlingen Area Educational Foundation

The Harlingen Area Educational Foundation was established in 1990 as an independent non-profit to promote quality education at HCISD. The Foundation provides means for underfunded educational programs and activities, which are used to facilitate student achievement and skill development and to expand community involvement for individuals, businesses, and civic organizations.

**Address:** 407 N. 77 Sunshine Strip

**City:** Harlingen

**Phone #:** (956) 430-9513

**Website:** <https://sites.google.com/view/hcisdhaef/home>

## Lions Club of Harlingen

*\* International Service Organization*

The Lions Club of Harlingen is a local chapter of Lions Clubs International, a global service organization focused on humanitarian efforts and community support. Founded with the mission to empower volunteers to serve their communities, the Lions Club in Harlingen engages in various activities aimed at addressing local needs, including vision and health screenings, youth programs, and support for the visually impaired. Members, known as Lions, are committed to making a difference through fundraising, volunteer work, and promoting community development. The Lions Club of Harlingen fosters a spirit of camaraderie and service, encouraging individuals to come together to create positive change in their community.

**Website:** <https://www.lionsclubs.org/en>

## Make-A-Wish Rio Grande Valley

Make-A-Wish Rio Grande Valley is a regional chapter of the national Make-A-Wish Foundation, a nonprofit organization dedicated to granting wishes to children with critical illnesses. Based in the Rio Grande Valley area of Texas, this organization works to bring hope, strength, and joy to children and their families by fulfilling their most cherished dreams. Whether it's meeting a favorite celebrity, going on a special trip, or experiencing a unique adventure, Make-A-Wish Rio Grande Valley focuses on creating memorable experiences that encourage emotional healing and support for these children during difficult times. The organization relies on donations and community support to carry out its mission, aiming to make a lasting positive impact on the lives of children facing serious health challenges.

**Address:** 1801 S. 2nd St. Ste 405

**City:** McAllen

**Phone #:** (956) 686-9474

**Website:** <https://wish.org/rgv>

## Retired and Senior Volunteer Program (RSVP)

The Retired and Senior Volunteer Program (RSVP) in Edinburg, TX, is part of a national initiative aimed at engaging older adults in meaningful volunteer opportunities within their community. By offering a wide range of volunteer activities, RSVP enables seniors to contribute their time, skills, and experience to local nonprofits, schools, and health care facilities. This program not only enriches the lives of the volunteers by keeping them active and connected, but also strengthens the community through their invaluable service and dedication.

**Address:** 2524 N. Clossner Blvd.

**City:** Edinburg

**Phone #:** (956) 383-6240

**Website:**

<https://hidalgocsa.org/retired-and-senior-volunteer-program>

## Rotary Club

*\* International Service Organization*

Rotary provides civic-minded business and professional men and women with an enjoyable and organized way to make a contribution to our city and to needy areas of the world. We meet weekly and plan club, community, and international service activities. By using our skills and expertise, members also enhance their professional network, career development, and cross-cultural understanding. All Rotary Clubs are nonreligious, nongovernmental, and open to every race, culture, and creed. Our membership represents a cross section of local civic-minded business and professional leaders.

**Rotary Club of Harlingen - Phone #:** (956) 371-6797

**North Hgn Rotary Club - Phone #:** (956) 564-9250

**Hgn Sunburst Rotary Club - Phone #:** (956) 245-0161

**San Benito Rotary Club - Phone #:** (214) 457-3869

**Website:** <https://www.rotary.org/en/about-rotary>

## Teach for America

Teach For America is a nonprofit organization whose stated mission is to "enlist, develop, and mobilize as many as possible of our nation's most promising future leaders to grow and strengthen the movement for educational equity and excellence

**Website:** <https://www.teachforamerica.org/>

## United Way of Northern Cameron County

United Way of Northern Cameron County is making a difference in Northern and Willacy Counties, fighting the need of issues like hunger and homelessness plus the long-term causes of need due to poor health, lack of education and financial instability.

We believe in the power of community and that if we all work together, we make a greater impact than if we try to do it alone. Because we are stronger united, we choose to LIVE UNITED.

**Address:** 320 E. Harrison Ave.

**City:** Harlingen

**Phone #:** (956) 423-5954

**Website:** <https://www.unitedwayncwc.org/>

## UniteUs

Unite Us is a technology company that provides a platform to connect healthcare and social service providers, facilitating coordinated care and improving outcomes for individuals. The platform enables various organizations—such as healthcare providers, government agencies, nonprofits, and community-based organizations—to collaborate efficiently by sharing information and resources. Unite Us aims to address social determinants of health by ensuring individuals receive comprehensive support, thereby bridging gaps between different service sectors and enhancing the community's overall well-being.

**Website:** <https://uniteus.com>

## Valley Baptist Legacy Foundation

The Legacy Foundation invests in and serves as a catalyst for ideas, partnerships, medical education, research and programs that improve the health and quality of life in the Rio Grande Valley. The foundation defines health as a state of complete physical, mental, spiritual and social well-being. The Legacy Foundation will work with other organizations to measurably improve the health of those living in the lower Rio Grande Valley by promoting health lifestyles and providing increased access to healthcare for all.

**Address:** 1267 N. Stuart Place Road

**City:** Harlingen

**Phone #:** (956) 335-3040

**Website:** <https://www.vblf.org/>

## Women United

*\* A United Way NCC Initiative*

Women United is a community of passionate women who invest their time, talents, and resources to create lasting change for local families. Through volunteer service, leadership opportunities, and philanthropy, Women United supports initiatives that strengthen education, financial stability, and family well-being throughout Northern Cameron County. Members connect with like-minded women while making a meaningful impact in the lives of their neighbors.

**Address:** 320 E Harrison Avenue

**City:** Harlingen

**Phone #:** (956) 423-5954

**Website:** <https://unitedwayincameronwillacy.org>

**United Way of Northern Cameron County** brings people, organizations, and resources together to create lasting change across our community. By investing in local programs that improve education, promote financial stability, and strengthen families, we help ensure that our neighbors have the support they need to thrive. Every gift, regardless of size, stays local and makes a meaningful impact, helping children succeed, families navigate challenges, and individuals build a stronger future.



You can be part of that impact. Simply scan the QR code or use the link below to make your contribution today and help us continue building a stronger, healthier, and more resilient community.

<https://givebutter.com/UWCommunity>